

# MISSION

Community Services Society

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FREE  
Group  
Program

## Connect Parent Group

Are you a parent or caregiver of an 11-16 year old?

Is everything a battle?

Feel like what you say doesn't matter?



### Goals:

-To understand your teen's development and behaviour from an attachment perspective

-To develop awareness of relationship issues and patterns

-To learn new skills that strengthen your relationship with your teen and consider new options in parenting

Come out and learn about CONNECT©  
An Attachment-Based Perspective on Parenting

**Where?** Mission Community Services 33179 2<sup>nd</sup> Ave.

**When?** Tuesdays from 6:30pm-8:00pm (dinner at 6pm),  
April 2 – June 4, 2019

- **Dinner Provided**
- **Childcare Provided**

To pre-register for Connect Parenting, please contact

Mission Community Services, 604 826-3634

Limited  
Seating

Helping People | Changing Lives | Building Community

www.missioncommunityservices.com