

MISSION

Community Services Society

33179 2nd Avenue, Mission, BC. V2V 1J9 P: 604.826.3634 F: 604.820.0634 E: info@missioncommunityservices.com

FREE

Group Program

Balanced Parenting Group

For parents /caregivers of children in the middle years (6-12 years) who:

- Feel powerless, frustrated, or worried about their **child's behavior**.
- Want to address problems with their child without starting a **big argument**.

Learn to

- Get along better with your child
- Solve problems with your child
- Help your child become independent
- Increase your own confidence as a parent



Childcare
Provided

Where:

- MCSS, 33179 2nd Ave, Mission, B.C.

When:

- Thursdays, from 10am - 12 noon
- April 4 - June 6, 2019

To pre-register for Balanced Parenting, please contact:

Rachel Rudy (BSW)

Family Support Worker

Telephone: 604 826-3634

Rachel.rudy@missioncommunityservices.com

Louise Tucker (BSW)

Family Support Worker

Telephone: 604 826-3634

Louise.tucker@missioncommunityservices.com